## **Manawatu Water Polo Incorporated**

## **Team Expectations**

Manawatu Water Polo Incorporated is a competitive water polo club and our aim is to win and continually improve our results, whilst developing players to the best of their abilities.

All players should take responsibility by:

- Attending practices each week. If, for some reason, you cannot attend, please contact your coach prior to the practice session.
- Ensure you are at all games at least 40 minutes before the start of the game.
- If you are unable to make a game the manager must be given as much notice as possible.
- Come to practice ready and on time. Be prepared to get into the pool as soon as you are requested by your coach.
- Participate, concentrate, and listen during all practice sessions. Your coach has given up their own time to improve your team performance - it is expected that you will give 100% to all practice sessions.
- Wear Manawatu Water Polo Incorporated uniform togs, or other water polo togs as directed for all league games/tournaments and nationals.
- Show respect for your team and all players, both in the pool and out. It is not acceptable at any stage to abuse members of your team during games, regardless of the issue.
- Always respect the referee's decisions, regardless of their level of ability. It is not acceptable to argue, question or display a negative attitude towards the referee at any time. This also includes whilst supporting other club teams.
- Always respect the concepts of fair play and sportsmanship, both in practise sessions and games.
- We encourage additional fitness activities outside of water polo training to maximize your performance. Pool time is often related to fitness, so it is expected that you will take personal responsibility for your level of fitness.
- Understand that, regardless of your ability, if you, without reason, do not meet the expectations of the club, coach, and manager due to any of the above, your position in the team will be reviewed.

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